



## Growing into God: A Beginner s Guide to Christian Mysticism

By John R. Mabry

Quest Books, U.S., United States, 2012. Paperback. Book Condition: New. Quest.. 226 x 152 mm. Language: English . Brand New Book. For many people, the word mysticism conjures up occult, secretive rituals held after midnight in some dark cave. But true mysticism isn t at all sinister or secretive, says author John Mabry, an Anglican-rite Congregational minister. In fact, mysticism is at the heart of an authentic Christian life. It is nothing more and nothing less than the pursuit-and enjoymentof union with God, which is the goal of all Christian spirituality. Christian mysticism is the discipline of growing the soul into God--shedding illusory identities, deepening prayer, seeing God in all things, and acting as Christ in the world. Mabry s great passion is to bring theology to everyday life by explaining complex ideas in everyday language that anyone can understand and find useful. In Growing into God, he demystifies mysticism, providing a friendly and accessible entry point to some of the teachings, practices, and experiences of the Christian mystical tradition. Mabry explores the classic mystical journey, which begins with the Awakening of a unitive consciousness that experiences everything as Divine and interconnected. The journey continues with Purgation, in which we empty...



## Reviews

An exceptional pdf and also the typeface applied was intriguing to read through. It is definitely simplified but excitement in the 50 % in the ebook. I discovered this ebook from my dad and i recommended this pdf to find out.

-- Jarod Ward

Complete information for publication enthusiasts. It is really basic but shocks inside the fifty percent of your book. I am just delighted to let you know that this is basically the finest book i have read through in my individual lifestyle and might be he best pdf for actually.

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