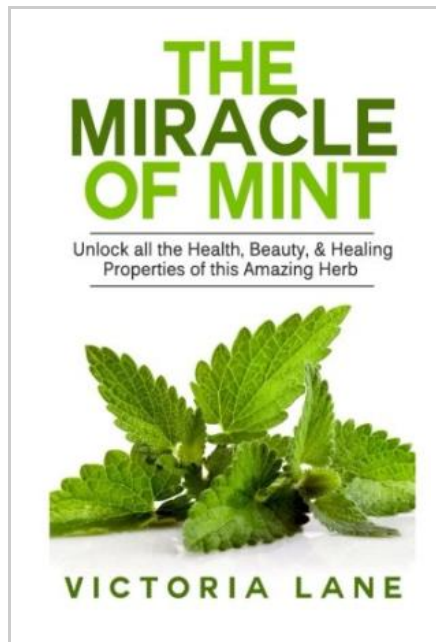




The Miracle of Mint: Unlock All the Health, Beauty, Healing Properties of This Amazing Herb

By Victoria Lane

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Secrets of Mint! * * *LIMITED TIME OFFER! 50 OFF! (Regular Price \$5.99)* * * All You Need To Know About Benefits of Mint! There are over thirty varieties of mint, and they re all useful in their own way. You ll find there are numerous benefits and applications for mint, from making cas a salad dressing to using it to get rid of your stress and even your headaches. Mint can even help to keep your digestive system running smoothly, enhance your memory, and increase alertness. There are various ways to use mint, and all of them are pretty easy. Even growing mint can be easy, and harvesting and preserving your mint is even easier. Of course, there is a knack to it, but it can be handled and taken care of easily. The world of mint is exciting, and it has been used since the Ancient Greeks, Ancient Egyptians, and just in general throughout the ancient world. Using mint is a great way to add a little kick to your drinks, food, or your daily...



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Reviews

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