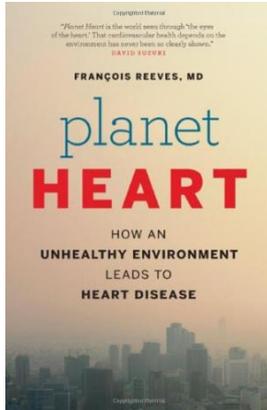


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## PLANET HEART: HOW AN UNHEALTHY ENVIRONMENT LEADS TO HEART DISEASE



Greystone Books,Canada. Paperback. Book Condition: new. BRAND NEW, Planet Heart: How an Unhealthy Environment Leads to Heart Disease, Francois Reeves, We've all heard the risk factors for cardiovascular disease: high blood pressure, high cholesterol, obesity, smoking, stress, and a sedentary lifestyle. But what about our environment? Despite almost 500 recent studies that show the links between air and water quality, biodiversity, and heart health, a poor environment as a critical cardiovascular risk factor has largely been ignored. In Planet Heart,...

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- Authored by Francois Reeves
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