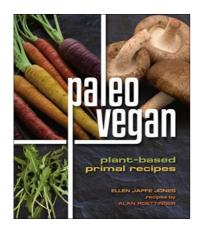
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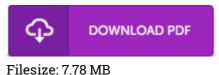
# PALEO VEGAN: PLANT-BASED PRIMAL RECIPES



Book Publishing Company, United States, 2014. Paperback. Book Condition: New. 224 x 202 mm. Language: English . Brand New Book. Paleo diets hold a lot of appeal for athletes, people who want to lose weight quickly, and those who prefer to avoid processed foods in favour of eating more naturally. But with their heavy emphasis on meat, paleo cookbooks have had little to offer vegans - until now. Ellen Jaffe Jones - a certified personal trainer, running coach, and the...

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- Authored by Ellen Jaffe Jones, Alan Roettinger
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